

## Mental Health Awareness - Thursday 24<sup>th</sup> November, 2011

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|-----------------|--|
| 9.15 – 9.50am   | Arrival & Refreshments   |
| 9.50 – 10.00am  | Welcome, introductions and network update  |
| 10.00 – 11.15am | <p><u>Session 1</u> Be honest, would you declare?</p> <ul style="list-style-type: none"> <li>• How do you enable staff and learners to make an informed decision about whether or not to declare a mental health disability in your organisation?</li> <li>• How do you tackle the stigma and discrimination of mental illness?</li> <li>• 'Health check' – what can I do to create an environment in which it is safe to declare?</li> </ul>  |
| 11.15 – 11.35am | Break  |
| 11.35 – 12.55pm | <p><u>Session 2</u> Where's the evidence for how we can help people with a mental health condition to succeed in learning, and where's the leadership to make it happen?</p> <p>Evidence-based practice: Case study activities ( + video)</p> <ul style="list-style-type: none"> <li>• Key guidance and support strategies</li> <li>• Effective multi-agency working</li> <li>• Supporting learners with first episode psychosis</li> <li>• Supporting learners with transitions</li> <li>• Recommended resources , training and tools to support you (online access needed)</li> </ul> <p>Please visit <a href="http://mhfe.org.uk">mhfe.org.uk</a> for more information.</p> |
| 12.55 – 1.00pm  | Final Comments, Evaluation & Finish  |

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