

Mindmaps

Most of us think in a linear fashion preferring bullet points or headings to organise our notes. However, for the less organised mind this is a difficult way to work. Our ideas do not come out in neat paragraphs but in a hap-hazard manner. We have to dig deep in our memories to pull out salient facts and a page full of information from a book or webpage can be daunting, both visually and contextually.

Mindmaps allow us to organise our thoughts with ease.

Once the main branches from the central idea have been established (this may need support), ideas can be attached ad lib. Its easy to go back to a branch to add ideas when we remember them.

Mindmaps are personal and can be organised how you wish; full of pictures and colour or neatly boxed with key words and phrases.

Essentially a visual way of learning or teaching they can be become a kinaesthetic exercise such as in the 'ketso' system that uses velcro backed branches stuck on to a fabric background.

Software and apps are readily available to create mindmaps that can be easily converted to linear notes or even presentations.

Mindmaps work in Education and business.

References:

Tony Buzan

Mindmanager

Inspiration

Images from google

www.mind-mapping.co.uk

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